

**INFORMATION FOR THE PATIENT**

**APO-METHYLPHENIDATE**  
**Methylphenidate Hydrochloride Tablets USP**

**APO-METHYLPHENIDATE SR**  
**Methylphenidate Hydrochloride Extended-release Tablets USP**

**Introduction**

APO-METHYLPHENIDATE is used in two different medical conditions: 1) Attention-Deficit Hyperactivity Disorder (ADHD) and 2) Narcolepsy. Information on the use of APO-METHYLPHENIDATE in each of these conditions is given in separate sections of this leaflet. Please refer to **either** APO-METHYLPHENIDATE In Attention-Deficit Hyperactivity Disorder -Information For The Parents or APO-METHYLPHENIDATE In Narcolepsy - Information For The Patient for information suited to your needs.

**APO-METHYLPHENIDATE IN ATTENTION-DEFICIT HYPERACTIVITY DISORDER**

**Information For The Parents**

The doctor has prescribed APO-METHYLPHENIDATE for your child's behavioural condition known as Attention-Deficit Hyperactivity Disorder (ADHD). The following information will tell you about ADHD and the use of APO-METHYLPHENIDATE in this condition. If you want to know more or have any questions, please ask the doctor or pharmacist.

**About Attention-Deficit Hyperactivity Disorder (ADHD)**

ADHD is a behavioural disorder in children and adolescents. It has been called by many other names including: Attention Deficit Disorder, Hyperkinetic Disorder, Minimal Brain Dysfunction, Minimal Brain Damage, Minimal Cerebral Dysfunction, Minor Cerebral Dysfunction and Psycho-organic Syndrome of Children.

Children who suffer from ADHD show behavioural problems such as difficulty concentrating, impulsiveness and restlessness. They may fail at school although they may have adequate intelligence. Such children may be unpopular among children of the same age because of their clumsiness, intrusive behaviour and failure to follow the rules of games. Many prefer to be friends with younger children. Parents often feel that these children need more coaching and supervising than their brothers and sisters in most daily activities. Discipline usually cannot change such children's behaviour. Teachers complain about their disruptiveness and constant need for attention. Most children with ADHD do not complain of any problems; therefore, these children may not receive medical help unless the teacher(s) or parent(s) are aware of the nature of the problem. Medical exams, psychological and educational tests are all necessary in diagnosing ADHD.

**About The Use Of APO-METHYLPHENIDATE In Attention-Deficit Hyperactivity Disorder (ADHD)**

APO-METHYLPHENIDATE belongs to a group of medicines called central nervous system stimulants. When used in ADHD, APO-METHYLPHENIDATE improves behaviour by reducing restlessness and increasing attention. APO-METHYLPHENIDATE, however, will not cure ADHD. Treatment with APO-METHYLPHENIDATE or other stimulants should always be combined with other treatment measures, such as psychological counselling and educational tutoring by skilled and experienced therapists.

There is no evidence that children with ADHD become addicted to APO-METHYLPHENIDATE, or that they tend to abuse drugs later in life. Central nervous system stimulants, including APO-METHYLPHENIDATE should only be given under close medical supervision to patients whose condition has been properly diagnosed.

**How APO-METHYLPHENIDATE Should Be Taken**

APO-METHYLPHENIDATE comes in tablets to be taken by mouth. The doctor determines how much and how often your child should take APO-METHYLPHENIDATE according to their individual needs. In order for your child to receive the most benefits from APO-METHYLPHENIDATE, it is important that APO-METHYLPHENIDATE be taken only as directed by the doctor. Take only the amount

of medication at the time intervals and for the time period that the doctor has prescribed. Your child should not take more than 60 mg of APO-METHYLPHENIDATE per day.

**What You Should Be Aware Of**

Use of APO-METHYLPHENIDATE may be unsuitable or require special attention under certain medical conditions. You should let the doctor know if your child has conditions such as a previous allergy to APO-METHYLPHENIDATE or any of its components, high blood pressure, heart disorders, thyroid disorders, glaucoma (increased eye pressure), epilepsy, agitation, tension, motor tics or family history or diagnosis of Tourette's syndrome, depression, or a history of severe depression, psychosis, anxiety, drug or alcohol abuse, or other medical problems. Alcohol should be avoided. APO-METHYLPHENIDATE may increase seizures in some patients with a history of seizures.

**APO-METHYLPHENIDATE should not be used in children under 6 years of age.**

It is important to tell the doctor and pharmacist if your child takes other medications besides APO-METHYLPHENIDATE since combining drugs can sometimes result in changing the expected drug effects or cause harmful effects.

Get medical help immediately in cases of overdose.

**Possible Unwanted Effects**

**Contact the doctor if your child experiences any of the following unwanted effects:** sudden high fever, fast heartbeat, breathing difficulties, chest pain, sweating, vomiting, bruising, muscle twitching or tics, sore throat and fever, confusion, hallucination and convulsions. Other side effects not listed above may occur in some patients. If you notice any other effects, tell your doctor immediately.

Your child may experience stomach discomfort, nausea and/or loss of appetite with APO-METHYLPHENIDATE. These problems may go away with time.

Taking APO-METHYLPHENIDATE with food may reduce stomach discomfort.

APO-METHYLPHENIDATE may reduce weight gain or growth in children. To help restrict this problem to a minimum, the doctor may want to withhold APO-METHYLPHENIDATE over weekends and during vacations.

APO-METHYLPHENIDATE may cause sleeplessness if taken too close to bedtime.

**How APO-METHYLPHENIDATE Should Be Stored**

Protect APO-METHYLPHENIDATE from moisture and heat. Store between 15 and 30°C.

Keep out of reach of children.

**Further Information**

Remember to take back unused medicine to your pharmacist.

**Other Important Information**

Use this medicine only as directed by your doctor. Do not take more of it, do not take it more often, and do not take it for a longer time than your doctor ordered.

APO-METHYLPHENIDATE SR tablets must be swallowed whole and never broken before taking them.

**APO-METHYLPHENIDATE IN NARCOLEPSY**

# INFORMATION FOR THE PATIENT

## **APO-METHYLPHENIDATE** **Methylphenidate Hydrochloride Tablets USP**

## **APO-METHYLPHENIDATE SR** **Methylphenidate Hydrochloride Extended-release Tablets USP**

### **Information For The Patient**

The doctor has prescribed APO-METHYLPHENIDATE for your medical condition known as narcolepsy. The following information will tell you about narcolepsy and the use of APO-METHYLPHENIDATE in this condition. If you want to know more or have any questions, please ask the doctor or pharmacist.

### **About Narcolepsy**

Persons who suffer from narcolepsy experience attacks of sleepiness during the day although they may have enough sleep at night. These attacks usually occur in unusual situations such as standing, eating or the middle of a conversation. Some people find their head falling forward, jaw dropping, knees buckling or even falling to the ground while they are conscious. These attacks may be brought on by emotional situations such as hearty laughter, excitement, sadness or anger.

### **About The Use Of APO-METHYLPHENIDATE In Narcolepsy**

APO-METHYLPHENIDATE belongs to a group of medicines called central nervous system stimulants. When used in narcolepsy, APO-METHYLPHENIDATE may relieve the inappropriate daytime sleepiness; however, many people suffering from narcolepsy need additional treatment aimed at other aspects of this condition.

### **How APO-METHYLPHENIDATE Should Be Taken**

APO-METHYLPHENIDATE comes in tablets to be taken by mouth. Your doctor determines how much and how often you should take APO-METHYLPHENIDATE according to your individual needs. In order for you to receive the most benefits from APO-METHYLPHENIDATE, it is important that APO-METHYLPHENIDATE be taken only as directed by your doctor. Take only the amount of medication at the time intervals, and for the time period that your doctor has prescribed.

### **What You Should Be Aware Of**

APO-METHYLPHENIDATE should not be used to relieve normal tiredness.

Use of APO-METHYLPHENIDATE may be unsuitable or require special attention under certain medical conditions. You should let the doctor know if you have conditions such as a previous allergy to APO-METHYLPHENIDATE or any of its components, high blood pressure, heart disorders, thyroid disorders, glaucoma (increased eye pressure), epilepsy, agitation, tension, motor tics or family history or diagnosis of Tourette's syndrome, depression, or a history of severe depression, psychosis, anxiety, drug or alcohol abuse, or other medical problems. Alcohol should be avoided. APO-METHYLPHENIDATE may increase seizures in some patients with a history of seizures.

### **Tell your Doctor if you are pregnant or breast-feeding.**

APO-METHYLPHENIDATE SHOULD NOT BE USED DURING PREGNANCY. MOTHERS TAKING APO-METHYLPHENIDATE SHOULD NOT BREAST-FEED THEIR BABIES.

It is important to tell your doctor and pharmacist if you take other medications besides APO-METHYLPHENIDATE since combining drugs can sometimes result in changing the expected drug effects or cause harmful effects. Alcohol should be avoided.

APO-METHYLPHENIDATE may affect your ability to drive or operate machinery.

Get medical help immediately in cases of overdose.

### **Possible Unwanted Effects**

You may experience stomach discomfort, nausea and/or loss of appetite with APO-METHYLPHENIDATE. These problems may go away with time. Taking APO-

METHYLPHENIDATE with food may reduce stomach discomfort.

Weight loss may occur when APO-METHYLPHENIDATE is taken over a long period of time.

APO-METHYLPHENIDATE may cause sleeplessness if taken too close to bedtime.

Contact your doctor immediately if you experience any of the following unwanted effects: sudden high fever, fast heartbeat, breathing difficulties, chest pain, sweating, vomiting, bruising, muscle twitching or tics, sore throat and fever, confusion, hallucination and convulsions. Other side effects not listed above may occur in some patients. If you notice any other effects, tell your doctor immediately.

### **How APO-METHYLPHENIDATE Should Be Stored**

Protect APO-METHYLPHENIDATE from moisture and heat. Store between 15 and 30°C.

**Keep out of reach of children.**

### **Further Information**

Remember to take back unused medicine to your pharmacist.

### **Other Important Information**

Use this medicine only as directed by your doctor. Do not take more of it, do not take it more often, and do not take it for a longer time than your doctor ordered.

APO-METHYLPHENIDATE SR tablets must be swallowed whole and never broken before taking them.

**DRUGS-ABOUT.COM**