

**Patient Information**

**SANCTURA™ [SANK-TOUR-AH] Tablets**  
(trospium chloride)

Read the Patient Information that comes with SANCTURA before you start taking it and each time you get a refill. There may be new information. This leaflet does not take the place of talking with your doctor about your medical condition or your treatment.

**What is SANCTURA?**

SANCTURA is a prescription medicine used to treat adults with overactive bladder who have the following symptoms:

- a strong need to urinate right away (urgency);
- leaking or wetting accidents (urge urinary incontinence) due to a strong need to urinate;
- a need to urinate often (urinary frequency).

**What is overactive bladder?**

Overactive bladder happens when you cannot control your bladder muscle contractions. When these muscle contractions happen too often or cannot be controlled, you get symptoms of overactive bladder, which are urinary urgency with or without urinary incontinence (leakage) and usually urinary frequency.

**Who should not take SANCTURA?**

Do not take SANCTURA if you:

- have trouble emptying your bladder (urinary retention);
- have delayed or slow emptying of your stomach (gastric retention);
- have an eye problem called “uncontrolled narrow-angle glaucoma”;
- are allergic to SANCTURA or any of its ingredients. See the end of this leaflet for a complete list of ingredients.

SANCTURA has not been studied in children under the age of 18 years.

**What should I tell my doctor before starting SANCTURA?**

Tell your doctor about all of your medical conditions including if you:

- have any stomach or intestinal problems or problems with constipation;
- have trouble emptying your bladder or have a weak urine stream;
- have an eye problem called narrow-angle glaucoma;
- have kidney problems;
- have liver problems;
- **are pregnant or planning to become pregnant.** It is not known if SANCTURA can harm your unborn baby.
- **are breastfeeding.** It is not known if SANCTURA passes into breast milk and if it can harm your baby. You should talk to your doctor about the best way to feed your baby if you are taking SANCTURA.

Tell your doctor about all the medicines you take including prescription and nonprescription medicines, vitamins and herbal supplements. SANCTURA and certain other medicines can

interact and make some side effects worse. SANCTURA can affect how other medicines are handled by the body.

Know all the medicines you take. Keep a list of them with you to show your doctor and pharmacist each time you get a new medicine.

### **How should I take SANCTURA?**

Take SANCTURA exactly as prescribed.

- Take one SANCTURA tablet twice daily. Your doctor may prescribe a lower dose (one tablet daily) if:
  - you have certain medical conditions such as liver or kidney problems
  - you are at least 75 years of age, depending on how you tolerate SANCTURA.
- Take SANCTURA on an empty stomach or at least 1 hour before a meal.
- If you miss a dose of SANCTURA, just skip that dose and take your next dose at the scheduled time.
- If you take too much SANCTURA, call your local Poison Control Center or go to an emergency room right away.

### **What are the possible side effects of SANCTURA?**

The most common side effects with SANCTURA are:

- dry mouth;
- constipation.

SANCTURA may cause other less common side effects, including:

- trouble emptying the bladder;
- blurred vision;
- heat prostration. Due to decreased sweating, heat prostration can occur when drugs such as SANCTURA are used in a hot environment.

Tell your doctor if you have any side effects that bother you or that do not go away.

These are not all possible side effects of SANCTURA. For more information, ask your doctor, healthcare professional or pharmacist.

### **How should I store SANCTURA?**

- **Keep SANCTURA and all other medicines out of the reach of children.**
- Store SANCTURA at room temperature, 68° to 77° F (20° to 25° C).
- Safely dispose of SANCTURA tablets that are out of date or that you no longer need.

### **General information about SANCTURA**

Medicines are sometimes prescribed for conditions that are not mentioned in patient information leaflets. Do not use SANCTURA for a condition for which it was not prescribed. Do not give SANCTURA to other people, even if they have the same symptoms you have. It may harm them.

This leaflet summarizes the most important information about SANCTURA. If you would like more information, talk with your doctor. You can ask your doctor or pharmacist for information

about SANCTURA that is written for health professionals. You can also call the product information department at (877) 427-9068 or visit the website at [www.SANCTURA.com](http://www.SANCTURA.com).

**What are the ingredients in SANCTURA?**

**Active Ingredient:** trospium chloride.

**Inactive Ingredients:** sucrose, wheat starch, microcrystalline cellulose, talc, lactose monohydrate, calcium carbonate, titanium dioxide, stearic acid, croscaremellose sodium, povidone, polyethylene glycol 8000, colloidal silicon dioxide, ferric oxide, carboxymethylcellulose sodium, white wax, magnesium stearate, and carnauba wax.

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